

# CHECK LIST

<b>Title Page</b>	Topic should be precise and reflect the nature of study. It should not carry abbreviations.	<b>Authors' names</b> Only those names should be included who have substantial contribution to the study. If they are not from the same department of the hospital then their inclusion should be justified.	<b>Address for correspondence</b> Complete with post code, telephone number, including cell number and E. mail address.	Category of article mentioned and word count written.  (Original article, clinical practice article, case report etc).
<b>Letter of undertaking</b>	Signed by all authors	Contribution of each author mentioned	Should mention if article has been submitted previously, or rejected from other periodical.	
<b>Abstract</b>	Structured, about 250 words (for original, clinical practice).  Non-structured for case report/ evidence based report (up to 150 words).	Structured abstract should contain Objective, Place and duration, Design of study. Methodology and Results. Conclusion of the study must be drawn from the study results only. No recommendation is needed. Non-structured abstract should describe salient features of the case reported.	No introduction or background is needed.	Key words (MeSH) should be added. (3-5).
<b>Introduction</b>	Should be strictly related to objective. Maximum of three paragraphs with no more than 8 references in this part is recommended.	It should be precise and highlight the importance of study.	The last paragraph should describe rationale of conducting the study.	
<b>Methodology</b>	Details of the procedure of collecting data should be given.	Statistical test if applied, should be described in detail.	No result should be mentioned in this segment.	Ethical issues if present should be addressed in research protocol. Approval from ethical review board is required.
<b>Results</b>	Results should be related to the objective of the study.	The results plotted in table or charts should not be repeated in text and vice versa. Only 3 tables are allowed. Maximum of 3 pictures in JPEG of high resolution format is allowed for case report.	No opinion should be given about the results in this segment.	
<b>Discussion</b>	Should relate to the objective of the study.	It should be in paragraphs supported by relevant recent references.	Each issue should be discussed in a separate paragraph.	References supporting statements should not be quoted like 1-10.
<b>References</b>	Total number of references for original article should be between 15 - 25. For case report maximum of 10 References are allowed.	References should be written in Vancouver style. References should be in numerical order.	Majority of the references should be from recent literature, less than 5 years old.	Pakistani references should be mentioned.
<b>Over all aspect of the articles.</b>	Third person language should be used.	For original article: Total length of the article is 1600-2000 words excluding abstract and references. For clinical practice article and Evidence based report the length of article is between 1200-1500 words. For case report it is up to 1000 words.	Size 12 font should be used in text. The manuscript written in Times New Roman style. No bold and underlining be done	Studies ending 3 years back from the date of submission of article are not accepted. Only in exceptional cases if subject found interesting, the relaxation will be given.

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 Avoid duplicate studies. The subject already covered well in literature will not be entertained, if it does not bring into light some new aspects of the condition.  
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